

forever, and offers a triple lock which is better than anything the government may promise:

- **God's provision for us** – Jesus came to our world to pay the penalty for our sin so that we could be forgiven and made right with God. Jesus died for us, and conquered death by coming back to life.
- **God's promise to us** – if we ask Jesus to forgive us and we crown Him Lord of our lives, we will be His. The Bible says, 'whoever calls on the name of the LORD shall be saved'.³
- **God's presence with us** – for those who have put their trust in Jesus, God promises to be with

us through life, death and into eternity. He will never leave us, no matter what we go through.

Hell is what we deserve, but heaven is not a reward – it's a gift which Jesus purchased and offers to us all. Will you pray now, and ask Jesus to become your Lord and Saviour?

Dear God, You know all there is to know about me. I am sorry for all my sin, and for neglecting You. Thank You that You love me, and that Jesus came into the world to die for all my wrong. Please forgive me. Thank You that He is risen from the dead and I now put Him first in my life. From this moment on, help me to follow Jesus and be His disciple. Amen.

You know you're getting older when the candles cost more than the cake. —BOB HOPE

I married an archaeologist because the older I grow, the more he appreciates me. —AGATHA CHRISTIE

Every time an old person dies, it is as if a library has burned down. —WEST AFRICAN PROVERB

Life is like riding a bicycle. To keep your balance, you must keep moving. —ALBERT EINSTEIN

The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow for it is soon cut off, and we fly away. —PSALM 90



To find out more about Jesus Christ please visit:
tell-me-more.org

Or email:
more@10ofthose.com

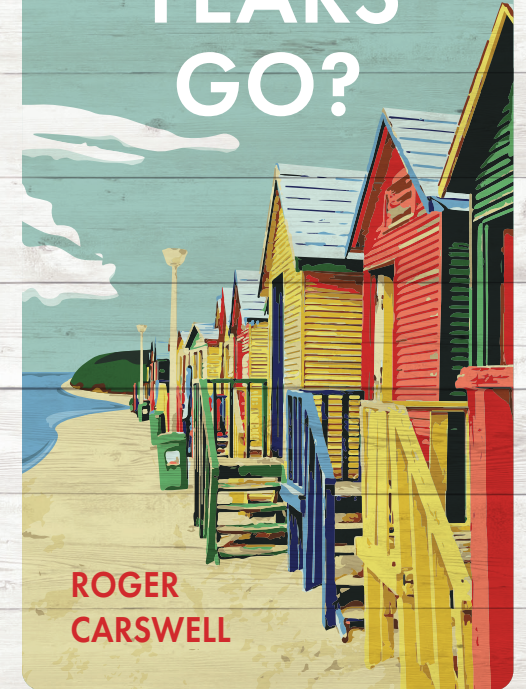
¹ Ecclesiastes 12:1; ² Romans 5:8; ³ Romans 10:13

10 Publishing
a division of 10 of those.com
www.10ofthose.com

DayOne
www.dayone.co.uk

© 2025 Roger Carswell. Printed in China. Designed by Pete Barsley

WHERE DID THE YEARS GO?



**ROGER
CARSWELL**

OLD AGE – A TIME IN LIFE WHEN ACTIONS CREAK LOUDER THAN WORDS!

When we were younger it seemed that old people were just wrinkly and frail; we didn't realise the challenges that age brings. Now, although we may no longer be able to enter a hurdle race, being older brings unseen hurdles which are higher and stretch further than any on a sports field. Old age is not for the faint-hearted.



It can be frustrating that we're seen as simply old with little regard to what has gone before in our lives. Everyone has been a child, but not everyone possesses the years of experience we do. We have stories to tell. There is more to us than bunions, bifocals and baldness! Many of our friends have sadly already passed on, but we're still here.

How quickly our years have gone though. It's been said there are seven stages in life: spills, drills, thrills, bills, ills, pills and wills! We move from one phase to another very rapidly. And of course, we will grow out of old age one day.

Passing years make us aware of both our mortality and our regrets. Looking back, we know

we have made our mistakes and, whatever our intentions, we have not always been the people we should have been. We are all guilty of sins we wish we could forget, and probably many others we have forgotten.

There have been good times too, of course, and there are hopefully still good times to look forward to, but whether we'll fulfil all the dreams on our bucket list, who knows? The one thing we do know is that we will all follow our parents, moving from this world to the next. And naturally, we wonder what will happen to us when we die.

There is a verse in the Bible which says,

BUCKET LIST

- ☒ *Run*
- ☐ *Marathon*
- ☐ *Mountain*
- ☐ *Wine*

'Remember now your Creator in the days of your youth!'

Well, you are younger today than you ever will be again! So today is the very best day to make sure that all is well between yourself and God. Every one of us is on a journey towards meeting Him. We will either stand before Him as our Judge or meet Him as our Father who welcomes us to His home in heaven. To be judged by God will be awful, but to meet Him as our Father will be wonderful.

We might hope we'll be deemed good enough for heaven. However, because heaven is absolutely pure, the truth is none of us are good enough,

nor can we ever be. Jesus came from heaven to earth to deal with our sin which is the very thing that would condemn us. After a life of serving others, at the age of 33, Jesus was nailed to a wooden cross. As He suffered and died there, He took on Himself the wrongs of the world.

The Bible says that 'God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us.'² That is wonderful in itself, but three days later that same Jesus rose from the dead. He lives

